

Amadahy Trail Carters Lake

The Amadahy Trail is a 3.5 mile loop open to hikers and mountain bikes. Amadahy is a Cherokee word meaning "forest water". Terrain is of easy to moderate difficulty. Time required to complete the trail is approximately 1 hour for walkers and 25 minutes to bike. Trailhead parking is located on a short dead end spur road approximately 3.2 miles after turning into the Woodring Branch Recreation Area off Hwy 282/76. Good lake views and two small streams are found along the trail.

